



## Have Your Say on the Proposed NDIS Legislative Changes

This is your chance to have your say.

We know many parents, carers and families are already exhausted, overwhelmed and time poor. Writing a formal submission can feel intimidating - especially when you are already carrying so much. Please know, your voice still matters.

### Where to Submit (online or email)

Senate Community Affairs Legislation Committee:

[https://www.aph.gov.au/Parliamentary\\_Business/Committees/Senate/Community\\_Affairs](https://www.aph.gov.au/Parliamentary_Business/Committees/Senate/Community_Affairs)

Or submit by email: [seniorclerk.committees.sen@aph.gov.au](mailto:seniorclerk.committees.sen@aph.gov.au)

**Submissions close Friday 29<sup>th</sup> May 2026.**

Info and tracking of new bill on Parliament Website:

[https://www.aph.gov.au/Parliamentary\\_Business/Bills\\_Legislation/Bills\\_Search\\_Results/Result?bld=r7487](https://www.aph.gov.au/Parliamentary_Business/Bills_Legislation/Bills_Search_Results/Result?bld=r7487)

### Quick Tips Before You Submit

- ✓ Include your name and email address at the top of your submission.
- ✓ Keep your contact details OUT of the main body of your submission.
- ✓ If you do not want your contact details published online, include:  
“I consent to publication of this submission; however, I request that personal contact details be withheld from publication.”
- ✓ Your submission does NOT need to be long.
- ✓ Short, honest and genuine submissions are still valuable.
- ✓ It is OK to be emotional, but try to remain respectful and focused on impact.
- ✓ Real-life examples are powerful.



## **General Email Template (EMAIL DETAILS)**

**Subject:** Submission – Proposed NDIS Legislative Changes 2026

Dear Committee Secretary,

### **Submission Regarding Proposed NDIS Legislative Changes 2026**

I write this submission as the parent and primary carer of my [child/adult child], [name], who lives with [disability/diagnosis].

Like many families, we rely on the NDIS not for luxury, but for stability, safety, routine and quality of life.

I am deeply concerned about the proposed NDIS reforms and the impact they may have on people living with permanent disabilities and the families who support them every day.

Community participation supports are often misunderstood. These supports are not simply social outings. They help people with disability develop and maintain important life skills, communication, emotional regulation, confidence, safety awareness and community connection.

Without appropriate supports, I fear there may be:

- increased isolation
- deterioration in wellbeing
- regression in skills
- worsening mental health
- greater pressure on already exhausted carers and families

I am also deeply concerned about increasing reassessments, reduced flexibility and reforms that may force people with permanent disabilities to continually justify lifelong support needs.

Many carers are already burnt out. The ongoing uncertainty surrounding funding, reassessments and future supports creates enormous emotional, physical and financial strain on families who are already doing everything they can to hold things together.

Permanent disabilities do not disappear.

Families should not have to live in constant fear that essential supports may be reduced or removed.

I urge the Committee to:

- protect community participation and capacity-building supports
- limit unnecessary reassessments for lifelong disabilities
- properly consult with participants, carers and families
- ensure reforms uphold the dignity and human rights of people with disability

The NDIS plays a critical role in helping people with disability participate safely and meaningfully in everyday life.

Families like mine are not asking for luxury. We are asking for the ability to continue caring for our loved ones with dignity, stability and support.

Thank you for the opportunity to provide this submission.

Yours sincerely,

[Full Name]