

How My Life Plans Helps You

My Life Plans is here to help people with disability have a good life.



It helps you:

- Write down your goals and dreams.
- Share them with your carers and providers.
- Make sure everyone understands what you want

You can share your plan with carers, family and providers.

They can work together as a team to support you.

My Life Plans makes it easier for you to be heard, get the right support, and plan for your future.

Next step: You can start your plan today.
Ask your carer or provider to help you use My Life Plans.

